

# PSYCHIATRIC SKILLS CHECKLIST

This self evaluation is for assessing your experience in specific clinical areas. This self evaluation will not be a determining factor in accepting your application to become an employee of Supplemental Health Care.

**1 = No Experience    2 = Limited Experience    3 = Experienced    4 = Highly Skilled**

GENERAL NURSING	1	2	3	4
Admit / Orient Voluntary Clients				
Admit / Orient Involuntary Clients				
Initial Comprehensive Assessment				
Initial Focused Assessment				
Initial Screening Assessment				
Initiate Care Plan				
Reassessment / Update Care Plan				
Multi-Disciplinary Planning				
Supervise Unlicensed Personnel				
Vital Sign Monitoring				
Full Restraints				
Wrist Restraints				
Ambulatory Cuffs				
Oxygen Administration				
Admin / Monitor Tube Feedings				
Insert / Care of Foley Catheter				
Assist with Lumbar Puncture				
Isolation Techniques				
Advance Directives				
Patient Teaching				
Case Manager				
Discharge Planning				
Discharge Clients				
Cultural Diversity				
Ethnic Awareness				
Forensic Nurse				
CARE OF PSYCH DISORDERS	1	2	3	4
Schizophrenia				
Paranoid Psychotic Disorder				
Catatonic Psychotic Disorder				
Hallucinations				
Bipolar Disorder				
Depression				
Suicidal Ideation / Attempts				
Delusional Disorders				
Anxiety Disorders				
Panic Attacks				
Phobias				
Obsessive / Compulsive Disorder				
Dissociative Identity Disorder				
Sexual Disorders				

CARE OF PSYCH DISORDERS	1	2	3	4
Sexual Abuse / Assault				
Survivor of Abuse / Violence				
Post Traumatic Stress Disorder				
Somatoform Disorders (Pain etc.)				
Mental Retardation				
ADHD				
Developmental / Autistic Disorders				
<b>Cognitive Disorders:</b>				
Delirium				
Dementia				
Alzheimer's (Dementia)				
Amnesic Disorders				
<b>Personality Disorders:</b>				
Cluster A - Paranoid / Schizoid				
Cluster B - Antisocial / Borderline				
Cluster C - Anxious / Fearful				
<b>Eating Disorders:</b>				
Anorexia Nervosa				
Bulimia Nervosa				
Obesity				
<b>Substance-Related Disorders:</b>				
Alcohol -Related				
Drug -Related				
INTERVENTIONS / THERAPIES	1	2	3	4
Crisis Intervention				
Therapeutic Communication				
Therapeutic Milieu				
Education or Vocational Training				
Drug & Alcohol Education				
ElectroConvulsive Therapy				
<b>Alternative Therapies:</b>				
Biofeedback				
Guided Imagery				
Expressive Therapy (Art, Movement)				
Massage Therapy				
Meditation				
Recreational Therapy				
Therapeutic Touch				
<b>Conducting Psychotherapy:</b>				
Individual				
Group				
Couple / Family				
Behavioral				

