

Preventive Benefit Services

UnitedHealthcare has a long standing commitment to prevention and wellness. Helping people live healthier lives begins with preventive care.

- UnitedHealthcare encourages the adoption of preventive benefits by employer-sponsored health plans to achieve early regulatory compliance, the potential of longer-term savings and improved population health.
- UnitedHealthcare uses preventive care treatments and screens as a means to identify health risks, and to proactively assist our members in living healthier lives.
- For employers with preventive services provided under the Preventive Benefit as mandated by health care reform legislation, members will have no cost sharing when provided by an in network provider.

Preventive services covered with no cost share are those services described in the United States Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the CDC, and HRSA Guidelines including the American Academy of Pediatrics *Bright Futures* periodicity guidelines. In addition to these mandated services, under the Preventive Benefit, UnitedHealthcare also provides screening using CT Colonography, PSA and Screening Mammography without age limits.

All members:

- Yearly Preventive Medicine visits (Wellness Visits)
- All standard immunizations recommended by the American Committee on Immunization Practices

All Members at an appropriate ages or risk status:

- Screening colorectal cancer, elevated cholesterol and lipids
- Screening for certain sexually transmitted diseases and HIV
- Screening and counseling for alcohol or substance abuse in a primary care setting; tobacco use; obesity; diet and nutrition
- Screening for high blood pressure, diabetes, and depression

Women's Health:

- Screening mammography and evaluation for genetic testing for BRCA breast cancer gene
- Screening for cervical cancer including Pap smears
- Screening for gonorrhea, Chlamydia, syphilis
- Screening pregnant women for anemia, iron deficiency, bacteriuria, hepatitis B virus, Rh incompatibility
- Instructions to promote and aid with breast-feeding
- Osteoporosis screening (age 60 or older)
- Counseling women at high risk of breast cancer for chemoprevention

Men's Health:

- Screening for prostate cancer for men age 40 and older
- Screening for abdominal aortic aneurysm in men 65 – 75 years old.

Children:

- Screening newborns for hearing, thyroid disease, phenylketonuria, sickle cell anemia
- Standard metabolic screening panel for inherited enzyme deficiency diseases
- Counseling for Fluoride treatment
- Screening for major depressive disorders
- Vision screening
- Screening for developmental/autism screening
- Screening for lead and tuberculosis
- Counseling for obesity

For questions, contact your UnitedHealthcare representative

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