

PARAMEDIC SKILLS EVALUATION - SELF ASSESSMENT

Date _____

Name _____

Signature _____

Level of Proficiency

- A = Never Performed. You have never performed the stated task and have no experience with this type of skill.
- B = Familiar with. You are familiar with the stated task; but you would need more experience and practice to feel comfortable and proficient in this type of skill.
- C = Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource person to be nearby.
- D = Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice.

Please select the column that most accurately describes your proficiency level:

Paramedic	A	B	C	D		A	B	C	D
Airway assessment/ Management					Care of Patients with cont.				
Oxygen administration					Seizure				
Head tilt/chin lift					Tension pneumothorax				
Nasal cannula					Open chest wounds				
BVM (bag valve mask)					Fractures				
Oral/ Nasal airway					Closed				
Venturi mask					Open				
Simple face mask					Gunshot wound				
Demand valve-O2 powered					Sucking chest wound				
Non-rebreather					Sepsis				
Partial rebreather					Overdose				
					Head injury				
Endotracheal Intubations					Stabbing				
Orotracheal					Burns				
Nasotracheal					Gastroenteritis				
Cricoid pressure					Obstetric emergencies				
Needle cricothyroidotomy					Impending delivery				
End tidal CO2 monitoring					Placenta previa				
Modified jaw thrust (trauma)					Trauma				
					Eclampsia/ Pre-Eclampsia				
Care of Patients with					Needle decompression of tension pneumothorax				
Acute abdomen					CVA (cerebral vascular accident)				
Aneurysms					Unstable angina				
AMI (Acute myocardial infarction)					GI (gastrointestinal) bleed				
Lung contusions					MVC (motor vehicle collision)				
CHF (congestive heart failure)					COPD (chronic obstructive pulmonary disease)				
Hypertension					Epiglottitis				
Inhalation injuries					Croup				
Pulmonary edema					Hypovolemic shock				

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	A	B	C	D		A	B	C	D
Care of patients with cont.						Medications cont.			
Esophageal bleeding						Dobutamine			
Amputations						Oral glucose			
Asthma						Normal saline			
Hypo/Hyperglycemia						Epinephrine			
Eye injuries						Procanimide			
Cardiac arrest						Sodium bicarbonate			
						Vasopressin			
Dysrhythmias						Epi-Pen			
PEA (pulseless electrical activity)						Oxygen			
Asystole						Aspirin			
VF (ventricular fibrillation)						Calcium chloride			
3 rd degree heart block						Diazepam			
Ventricular tachycardia						Adenosine			
Atrial fibrillation						Amiodarone			
Atrial flutter						Verapamil			
Junctional escape rhythm						Dopamine			
2 nd degree heart block						Diltiazem			
						Medication Administration			
Medications						IV Therapy			
Activated charcoal						Intraosseus			
Narcan						Peripheral			
Dextrose 50%						Internal/ external jugular			
Furosemide						Subclavian			
Lidocaine						IV push			
Magnesium sulfate						Piggyback			
Nitroglycerin						Continuous drips			
						Oral administration			

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	A	B	C	D		A	B	C	D	
Medication Administration cont.						Emergency Equipment				
Sublingual						AED (automatic external defibrillator)				
Intramuscular						Defibrillator (manual)				
Subcutaneous						Pulse oximeter				
Endotracheal						Infusion pumps				
Nasogastric						Accucheck (blood glucose)				
Rectal						12 lead EKG				
Nebulizer/ Aerosol						BP (blood pressure) cuffs				
						Stretchers				
Immobilization/ Extrication						Ventilators				
Long board/ short board										
Cervical collar (soft/ rigid)						Patient population				
Head blocks and straps						Neo-natal				
KED (Kendrick extrication device)						Pediatric				
Traction splint						Adolescent				
Leg/ arm splints						Adult				
						Geriatric				
Extrication Equipment/ Vehicle Equipment										
Wrecking bar										
Bolt cutters										
Hacksaw and blades										
Screwdrivers (Philips and Flathead)										
Wrench										
Fire extinguisher										
Vice pliers										
Trauma shears										

Reviewed by: _____

Date: _____