

## NICU Skills Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** This checklist is meant to serve as a general guideline for our client facilities as to the level of your skills within your nursing specialty. Please use the scale below to describe your experience/expertise in each area listed below.

**Proficiency Scale:**

**1 = No Experience, 2 = Need Training, 3 = Able to perform with supervision, 4 = Able to perform independently**

<b>Admission / Assessment</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Maternal History				
Preparation for Transport				
Interfacility Emergency Transport				
Anomalies / Deformations / Congenital				
Resp Status / Breath Sounds				
Suction				
Assist with Intubation				
Apical Pulse				
Blood Pressure				
Skin Care / Cord Care				
Use of Isolette (Incubator)				
Gestational Age				
Use of Radiant Warmer				
Temperature				
Apgar Scoring				
Attend High Risk Delivery				
Collect Cord Blood Samples				
Dextrostix				
Urine Output				
Weight - Scale / Bed Scale				
Identifying Infant				
<b>Meds / IV Therapy</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Eye Prophylaxis				
Vitamin K				
Immunizations				
Calculation of Neonatal Doses				
Knowledge of Routine Neonatal Drugs				
Knowledge of Emerg. Neonatal Drugs				
Administer IM Meds				
Peripheral IV Insertion				
Scalp IV Insertion				
PICC Line Insertion				
Use of Heparin / Saline Locks				
Needle-less Systems				

Administer IV Medications				
<b>Meds / IV Therapy (Cont.)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Mix IV Infusion w/ Additives				
Discontinue Peripheral IVs				
Administer Blood				
Administer Blood Products				
Exchange Transfusion				
Central Hyperalimentation				
Peripheral Hyperalimentation				
IV Pump				
Syringe Pump				
Draw Venous Blood				
PICC Line				
Midline				
Central Line				
Portacath				
Percutaneous Arterial Line				
Umbilical Artery / Venous Line				
<b>Nutrition</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Calculate Basic Requirement				
Assessment of Suck / Swallow				
Assist / Instruct Breastfeeding				
Collection / Storage of Breast Milk				
Assist / Instruct Bottlefeeding				
Gavage Feedings				
<b>Genitourinary</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Insertion of Foley Cath				
Urine Bedside Testing (pH, Sp. Gr., Glu)				
Peritoneal Dialysis				
Circumcision				
Urostomy				
Disorders of External Organs				
Malformation of GU Tract / Kidney				
Acute Renal Failure				
<b>Metabolic / Infectious</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Interpretation of Lab Results				
Hepatitis Antigen				
HIV Positive Mother				
DIC (Disseminated Intravascular Coagulation)				
IDM (Infant of Diabetic Mother)				
Hypo / Hyperglycemia				
Phototherapy for Jaundice				

<b>Gastrointestinal</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Assess Bowel Sounds				
Assess Abdominal Girth				
Stool Test				
Nasogastric Tube Insertion & Care				
Gastrostomy Tube				
Reflux Precautions				
Cleft Lip / Cleft Palate				
Colostomy / Ileostomy				
Gastroschisis / Omphalocele				
GI Bleeding				
Bowel Obstruction				
Necrotizing Enterocolitis				
Inguinal Hernia				
Post-abdominal Surgery				
Tracheoesophageal Fistula (TEF)				
Feeding Dysfunction				
Small for Gestational Age				
Large for Gestational Age				
<b>Neurological</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Chemical Addiction / Withdrawal				
Hydrocephalus				
Spina Bifida				
Meningitis				
Increased Intracranial Pressure				
Intracranial Pressure Monitor				
Externalized VP Shunt / Reservoir				
Brain Death / Organ Procurement				
Intracranial Hemorrhage				
Assess Neurological Status				
Assess Hearing of Neonate				
Assess Eyes of Neonate				
Assess Pain				
Assist with Lumbar Puncture				
Sedation				
Seizures				
<b>Pulmonary</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Resp Status / Breath Sounds				
Pulse Oximetry				
Respiratory / Apnea Monitor				
Assist with Intubation / Extubation				
Obtain ABGs (Heelstick / Arterial Line)				
Interpretation of ABGs				

Evaluation of Xray Reports				
<b>Pulmonary (Cont.)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Suctioning (Nasal, Oral, Trach)				
Chest Physiotherapy				
Assist Chest Tube Insertion / Removal				
Mask and Bag				
Hood				
Isolette				
CPAP to Cannula				
Oxygen Analyzer				
Transcutaneous Monitoring				
Apnea				
Ventilator (CPAP / PEEP / IMV / Jet Vent)				
Tracheostomy				
Meconium Aspiration				
Bronchopulmonary Dysplasia (BPD)				
Respiratory Distress Syndrome (RDS)				
Chest Tubes				
ECMO-Extracorporeal Membrane Oxygenation				
Persistent Pulmonary Hypertension				
Diaphragmatic Hernia				
<b>Cardiovascular</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Cardiac / Respiratory Monitor				
Assessment of Pulses				
Assessment of Perfusion				
Assessment of Heart Sounds/Murmurs				
Blood Pressure - Doppler				
Blood Pressure - Arterial Line				
EKG Interpretation				
Defibrillation / Cardioversion				
Invasive Hemodynamic Monitoring				
Congenital Heart Disease / Defects				
Cardiomyopathy				
Post Cardiac Surgery				
Cardiac Transplant				
Cardiac Arrest				
Shock - Cardiogenic				
Shock - Hypovolemic				
Shock - Septic				
<b>Miscellaneous</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Foster Parent / Infant Bonding				
Consents - Procedural / Treatment				
Consents - Immunization				
Preoperative Care				

Postoperative Care				
<b>Miscellaneous (Cont.)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Discharge Teaching				
Bereavement / Postmortem Care				
<b>Age</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Newborn (birth-30 days)				
Adolescents (12 - 18 years)				
Infant (30 days - 1 year)				
Young Adults (18 - 39 years)				
Toddler (1 - 3 years)				
Middle Adults (39 - 64 years)				
Preschooler (3 - 5 years)				
Older Adults (64+ years)				
School Age (5 - 12 years)				

**I hereby certify that ALL information I have provided to ADEX Medical Staffing, LLC on this skills checklist and all other documentation, is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.**

Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_