

This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of ADEX Medical Staffing, LLC.

PROFICIENCY SCALE

1. No Experience 2. Need Training
 3. Able to perform with supervision 4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Care of the Newborn					Meds/IV Therapy (Mother)				
Ballard Scale					Administer IM & SQ Meds				
Blood Glucose Monitoring					Administer IV Medications				
Bulb Suction					Administer PO Medications				
Circumcision Care					Administer RhoGAM				
Circumferences					Mix IV Infusion w/ Additives				
Collect Heelstick Blood Samples					Needle-Less Systems				
Cord Care					Neonatal Injections				
CPR - Neonate					Peripheral IV Insertion				
Culture Suspect Infectious Neonate					Use of Heparin/Saline Locks				
Discharge Procedures									
Dubowitz Scale					Administer/Monitor IV Infusions:				
Eye Prophylaxis					Administer Blood/PRBC's				
Identifying Infant					Administer Plasma/Albumin				
Incubator/Isolettes					Antibiotics				
Jaundice/Phototherapy Treatment					Assess Pain Level				
Length					Care of Central Line				
Mother/Baby Skills Self Evaluation					Discontinue Peripheral IV's				
Newborn Assessment:					Draw Blood From Central Line				
Reflexes					Draw Perip. Blood for Labs				
Skin Care - Bathe					Heparin				
Test Stool for Blood					Oxytocin induction/augmentation				
ThermoNeutral Environment									
Urine Output/Collect Specimens					Care of Patient with:				
Vital Signs					Conscious Sedation				
Weight					Epidural Anesthesia				
					Patient Controlled Anesthesia (PCA)				
Postpartum Assessment:									
Bladder Distention					Postpartum Care				
Breast Engorgement					Maternal History				
Deep Vein Thrombosis					Maternal Vital Signs				
Edema									
Fundus Consistency/Location									



Mother/Baby Skills Checklist

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Lochia					Care of the Patient with				
Manage Postpartum Pain					Assist/Instruct Bottlefeeding				
Perineum					Assist/Instruct Breastfeeding				
					Assist/Instruct Use of Breast Pumps				
Initiate Post-Anesthesia Care:					Asthma				
Adult CPR / Assist with Code					Cardiac Disease				
Apply Ice to Perineum					Contraceptive Counseling				
Blood Glucose Monitoring					Diabetes				
C-Section Incision Care					Discharge Teaching				
Epidural					Family-Centered Maternity Care				
Episiotomy Care					Infant Safety / Car Seats				
General					Infectious Disease				
Insert Straight/Foley Catheter					Known Substance Abuse				
Intake and Output					Multiple Births				
Provide/Instruct Perineal Care					Parent/Infant Bond				
Pulse Oximetry Setup/Monitoring					Post-Tubal Ligation				
Sitz Baths					Pregnancy Induced HTN/Preeclampsia				
Spinal									
Urine Dipstick									
Vital Sign Monitoring									

Age Specific Competency

Able to ensure a safe and caring environment for the specific age groups indicated below; able to communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

PROFICIENCY SCALE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

Mother/Baby Skills Checklist

The information represented above is true and correct to the best of my knowledge. I also authorize ADEX Medical Staffing, LLC to share the above skills checklist with its hospital clients.

Signature _____ Date _____

Name (Printed) _____